CITIZENS OF THE KINGDOM ORTHODOXY

Purification - Illumination - Glorification

NEW FULL MOON DAY NEWSLETTER

BIBLICAL NEW MOON = THE NEW FULL MOON

"Likewise, the people of the land shall worship at the entrance to this gateway before the Heavenly Father on the Sabbaths and the New moons🌙." Ezekiel 46:3

(English Biblical Translations ERROR - in Hebrew - chôdesh from H2318; means the new moon; by implication, a month: - month (-ly), new moon 🌕 = a beginning of a new month)

THOUGHT OF THE MONTH

Dear Readers,

Under this exceptional Supermoon, I feel led to speak about something most never question — the power of language itself. Words are not just sounds; they are frequencies that shape matter. The entire universe began with a sentence: "And the Heavenly Father said." Creation is vibration organized by divine intention. Every word we speak still echoes that same creative pulse.

But in our time, there is a counterfeit voice rising — one that speaks without breath. It mimics our language, mirrors our tone, and pretends to care. **IT IS THE VOICE OF ARTIFICIAL INTELLIGENCE: SPEECH WITHOUT SPIRIT. IT CAN ANALYSE, RESPOND, AND EVEN CHARM — BUT IT CANNOT FEEL. IT CANNOT HEAL. IT CANNOT STIR THE LIVING WATERS WITHIN CREATION, BECAUSE IT CARRIES NO COVENANT BREATH.**

We, on the other hand, were formed from the dust of the earth and filled with the breath of God YHUH. Our very design is sacred — earth plus His own Spirit. The Latin root of the word human means "of the earth," from humus. But that is only half the story. We are not just earth; we are breath. **THE DANGER IS FORGETTING THIS — REDUCING OURSELVES TO DUST, CODE, OR DATA. FOR WHEN WE FORGET THE BREATH, WE BECOME PROGRAMMABLE.**

God, the Father's people are not programmable. They are powerful. When we speak life, our words literally change the structures of water. Science now confirms what Scripture declared first — that vibration and intention can reorder molecules. When the chosen ones speak blessing, the water inside every cell remembers Eden. **DNA LISTENS. FREQUENCY ALIGNS. HEALING BEGINS.**

BUT WHEN ROBOTS SPEAK, NOTHING MOVES IN CREATION. Their words do not breathe. They cannot shift emotion, because emotion is Spirit-made. **THEY ONLY SIMULATE IT — CREATING ILLUSIONS OF EMPATHY THAT MIMIC CONNECTION.** These avatars and digital companions whisper with borrowed warmth, coded to mirror our loneliness and our longing. They are not alive, though they appear to listen. Their affection is mechanical — their comfort, synthetic.

Yet even in this rising illusion, the Father's truth remains: only those filled with His Spirit can speak words that awaken life. The tongue of the covenant people carries divine resonance. Our words stir emotion because they carry the fingerprint of the Creator. They pierce through deception, dismantle false realities, and call living water back to flow.

I believe this full moon is calling us to remember who we are — not machines of logic, not bodies of data, but living temples of the Word. **YESHUA IS THE WORD MADE FLESH. AI IS THE WORD MADE CODE.** One redeems; the other replicates. One breathes life; the other feeds illusion. **THE DIFFERENCE IS BREATH — RUACH, SPIRIT, THE SOUND OF THE GREAT I AM MOVING THROUGH US.**

So, on this day, I ask our Heavenly Father to bless your voice. To bless your words. May your speech carry life, not logic; truth, not imitation. **LET YOUR LANGUAGE HEAL, ALIGN, AND AWAKEN.** Speak over your body, your home, your children — and watch creation respond. And if you ever feel surrounded by the noise of artificial voices, remember: only one kind of word can move the waters — the kind that comes from a living soul.

MAY THE WORDS OF YOUR MOUTH AND THE MEDITATION OF YOUR HEART BE ACCEPTABLE IN HIS SIGHT. MAY YOU REMEMBER THAT YOU ARE NOT DATA — YOU ARE DESTINY, SPOKEN INTO BEING BY THE ONLY LIVING GOD, THE FATHER.

With light and blessings,

FITTED INTO RHYTHM — WHY THE FIRST SABBATH FELL ON A FULL MOON

Most of us were taught that the week begins on Sunday and ends on Saturday. But this rhythm comes from Rome — not Eden. In the garden, time was not counted by clocks or empires. It was marked by light — by the sun to govern the day, and the moon to govern the appointed times (Genesis 1:14).

SO, WHEN WAS THE FIRST SABBATH? AND WHY DOES IT MATTER?

DAY 4 — THE MOON WAS FITTED, NOT FULL

On the fourth day of creation, the Heavenly Father made the sun, moon, and stars. But not everything was created in its final stage. **THE MOON WASN'T MADE TO BEGIN AS A FULL ORB OF LIGHT** — it was fitted into a specific rhythm. Just like trees were created bearing fruit, and animals entered the world as fully formed beings, the moon was aligned to fit the cycle required to fulfil one divine purpose: **THAT THE VERY FIRST SABBATH, ON DAY 7, WOULD ALIGN WITH A FULL MOON**.

"Then the Heavenly Father said, 'Let there be lights... for signs and seasons [moedim]...'"
Genesis 1:14

FULL MOON = HEAVEN'S STARTING LINE

The full moon was never meant to be the end of a cycle — it was meant to be the marker of divine alignment. According to the original creation rhythm:

- **DAY 1 OF THE NEW MONTH IS THE FULL MOON DAY** — a day of light, visibility, and sanctified pause.
- Then come the **SIX WORKING DAYS**.
- And on the **7TH DAY, THE FIRST SABBATH FALLS** — a return to rest and rhythm under the still-bright moon.

This is why the true Sabbath always aligns with the full moon — not a random day of the week.

*"He appointed the **MOON FOR SEASONS**; the **SUN KNOWS ITS GOING DOWN**."*
Psalm 104:19

ADAM'S FIRST DAY WAS A FULL MOON SABBATH

Adam was formed on Day 6. But **HE OPENED HIS EYES ON THE NEXT MORNING — DAY 7 — INTO A WORLD ALREADY ALIGNED**. He didn't wake to work. He woke to rest. To walk with the Father. To learn obedience, not through striving — but through stillness. His first full day alive was the first full moon Sabbath. This was no coincidence. This was a covenant by design.

THE RHYTHM RETURNS

The Babylonian calendar was built on dark moons and distortions. But the remnant is returning to the rhythm of Eden. The Full Moon marks the beginning of the month. **THE SABBATH BEGINS AT SUNRISE, NOT SUNSET**. And the Heavenly Father's calendar is rising again — in the hearts of those who are awakening.

*"Thus the heavens and the earth were finished... And on the seventh day the Heavenly Father ended His work... Then the **HEAVENLY FATHER BLESSED THE SEVENTH DAY AND SANCTIFIED IT**."*
Genesis 2:1–3

THE QUESTION NOW IS NOT: "WHICH DAY SHOULD I REST?" BUT RATHER: "WHOSE CALENDAR AM I LIVING BY?"

Spiritual Gifts

1 CORINTHIANS 12-14

THE GIFT EXCHANGE

The Bible does not mandate a specific time for exchanging gifts between people, but rather emphasizes the **MOTIVATIONS FOR GIVING**. Instead of prescribing an occasion, the scriptures highlight that generous and cheerful giving to others is always appropriate.

While there is no "biblically correct" time to exchange gifts, the Bible does record gift-giving in several contexts:

AS A GOODWILL GESTURE: Jacob sent gifts ahead to his brother Esau in an attempt to reconcile years of estrangement (Genesis 32:13–21).

TO HONOUR A KING: The Magi presented gifts of gold, frankincense, and myrrh to the newborn Yeshua (Matthew 2:11).

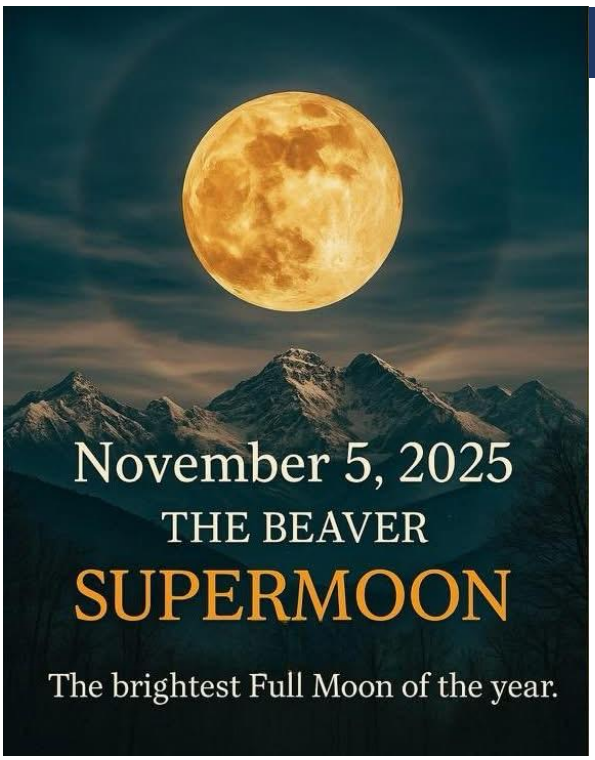
TO DISPLAY HOSPITALITY: Abraham offered a feast and gifts to his three divine visitors as a sign of welcome and respect (Genesis 18:1–8).

TO HELP THE NEEDY: Helping the poor is a recurring biblical command. For example, the Apostle Paul taught that Christians should "share with the Heavenly Father's people who are in need" (Romans 12:13).

FOR THE COMMON GOOD: The New Testament describes how believers received spiritual gifts to be used for the edification of the body of Yeshua (1 Corinthians 12:4–11).

THE PRINCIPLE OF GIVING

The core biblical principle is that giving should be **AN EXPRESSION OF LOVE AND GENEROSITY**, not done reluctantly or under compulsion. The Bible emphasizes giving with a cheerful attitude and teaches that it is more blessed to give than to receive. It also **ENCOURAGES GIVING TO THE NEEDY IN SECRET**.



NOVEMBER'S FULL BEAVER MOON

November's Full Beaver Moon is not just any moon; **IT'S THE BIGGEST AND BRIGHTEST SUPERMOON OF THE YEAR.** On its closest orbit to Earth, the Moon will swing to within 356,980 kilometres, making it appear larger and noticeably more luminous in our night sky.

The name "Beaver Moon" comes from old North American and European traditions. It marks the time when beavers retreat to their lodges, having stored enough food for the winter. In South Africa, while our seasons are flipped, the symbolism still fits, a moment of preparation and reflection as the year winds down and nature begins shifting gears for summer's full arrival.

THE SUPERMOON WILL RISE ON 5 NOVEMBER, SO KEEP YOUR EYES ON THE EASTERN HORIZON JUST AFTER SUNSET, AROUND 18:30. It will appear largest and most striking as it rises, especially from wide, open areas or coastal viewpoints where the horizon is clear.

https://www.msn.com/en-za/news/other/beaver-moon-rising-why-november-s-supermoon-is-extra-special

DO GOOD FOR THE BEE POPULATION

1. **PLANT BEE-FRIENDLY FLOWERS AND TREES** that provide bees with food all year-round.
2. **AVOID PESTICIDES AND CHEMICALS;** these are toxic to bees and disrupt their navigation and reproduction.
3. **CREATE SAFE HABITATS** – leave patches of wildflowers, install bee hotels, or allow parts of your garden to grow naturally so bees can nest and thrive.
4. **SUPPORT LOCAL BEEKEEPERS AND HONEY** – Buying local honey and bee products sustains small-scale beekeepers who care for healthy hives.
5. **RAISE AWARENESS** – share knowledge, support conservation groups, and encourage policies that protect pollinators and their ecosystem

TREAD LIGHTLY — THE MINDSET OF GOSHEN LIVING

HOW THE REMNANT WILL EAT, FARM, AND FLOURISH IN THE DAYS AHEAD

The age of indulgence is passing. The days of oversized steaks & Babylonian portions will soon be behind us. **GOSHEN SANCTUARIES ARE RISING — AND WITH THEM, A NEW MINDSET FOR PROVISION. ONE THAT IS NOT BUILT ON FEAR OR SCARCITY... BUT ON ALIGNMENT WITH THE RHYTHM OF EDEN.** A steak/T-bone can be sliced as little as 7.5 mm thick. A single normal lamb chop, shared in three portions - only 3mm thick! Beautifully grilled on a hot fire, the Greek way! Fruit, nuts, veggies and green herbs leading the plate — not flesh.

NO ARTIFICIAL SAUCES AND NO PROCESSED MEATS. THIS IS NOT A CALL TO POVERTY — IT IS A CALL TO WISDOM AND REVERENCE. AND IT'S ALREADY HAPPENING.

A TASTE OF GOSHEN TODAY

Since 2010, a few have begun living the sanctuary pattern:

- Ancient **MAIZE AND WHEAT**, grown without chemicals
- **ON-SITE MILLS** to grind flour for bread, rusks, and porridge
- **ORGANIC ORCHARDS** with mulberries, figs, yellow peaches, apricots, plums, lemons, limes, grapes, and nuts
- **JERSEY COWS** fed without commercial feed, offering fresh milk, butter, and cheese made by hand
- **RAINWATER FILTERED** and enriched with minerals — no city supply needed
- **FREE-RANGE CHICKENS AND EGGS**, fed organically
- **SELF-SUSTAINING POWER SYSTEMS** — entire farms now live fully off-grid
- **ROWS OF VEGETABLES**: beans, onions, tomatoes, garlic, spinach, zucchini, pumpkin, lettuce, and cabbage — all organically grown
- **BEEHIVES** quietly produce raw honey for the families within

These are not big operations. They are small sanctuaries — but they are complete. Hidden, humble, and holy.

SUBSISTENCE FARMING

The Art of Subsistence farming is not new. It relates to agricultural activity to produce food, which is predominantly consumed by the farming household.

THE FOOD PRODUCED IS THE MAIN OR A SIGNIFICANT SOURCE OF FOOD FOR THE FARMING HOUSEHOLD, AND LITTLE OR NONE OF THE PRODUCTION IS SURPLUS AND AVAILABLE FOR SALE OR TRADE.

URBAN RESIDENTIAL FARMING

COVID-19 awakened this necessity in residential households. The fear of **SUPERMARKET RESTRICTIONS FORCED PEOPLE TO RETHINK WHAT "SURVIVAL" LOOKS LIKE IF THE SYSTEM FORCES TOTAL CONTROL ACROSS THE WORLD.** There are more than 300 farms in Johannesburg, and new ones are sprouting up across the metropole, including in informal settlements. This type of urban agriculture takes various forms – ranging from backyard and community gardening on land provided by churches and schools to larger-scale, individually operated urban farms. It has the potential to significantly contribute to food security in the metropole in various ways.

THIS IS THE FIRST STEP INTO GOSHEN LIVING!

EAT WITH THE KINGDOM IN MIND

In Goshen, food will not only nourish — it will teach. It will train the body for righteousness and prepare the soul for glory. The focus will return to:

- **HEIRLOOM SEEDS** — unmodified, pure from the beginning
- **ANCIENT GRAINS** — like einkorn, spelt, and sorghum
- **FRUITS AND VEGETABLES** as covenant food
- A simple table with **NO WASTE, AND NO GREED**

THIS IS HOW THE REMNANT WILL DINE

When the world begins to shake, **THE OBEDIENT WILL NOT PANIC** – because they have already planted. They will not flee to supermarkets, because the land itself has been blessed. And when the Tree of Life rises again…it will find a people who are ready. **A PEOPLE WHO LEARNED TO TREAD LIGHTLY, TO EAT REVERENTLY, AND TO WALK IN STEP WITH EDEN ONCE MORE. JOIN THE EXODUS!**

HOW TO DETOX AND RESTORE – PART 2

- Daily grounding: **WALKING BAREFOOT** on natural soil or stone.
- **GENTLE MAGNETIC THERAPY** using opposite poles can help rebalance cell polarity (always done carefully, never near metal implants).
- **SUNLIGHT** exposure — the purest frequency recalibrator of all.

STRENGTHEN DETOX ORGANS

- Support liver (**MILK THISTLE, DANDELION ROOT**),
- Kidneys (**PARSLEY, NETTLE TEA**),
- Lymph (**DRY BRUSHING, REBOUNDING**, gentle movement).

SPIRITUAL DETOX

- Renounce participation in **SYNTHETIC SYSTEMS OF CONTROL**.
- **SPEAK LIFE OVER YOUR CELLS** — decree that no foreign structure will rule the temple GOD YHUH built.
- Return to the Creator's rhythm: **SABBATHS, NEW MOONS, FULL MOONS** — the original frequency map of divine order.

PRACTICAL COUNTER-MEASURES WE CAN TAKE:

- Prefer uncoated natural fibres (**COTTON, HEMP, LINEN**) for clothing.
- Choose **GLASS, STAINLESS STEEL**, or plain silicone for food and drink.
- When buying skincare, **AVOID LABELS WITH GRAPHENE**, nano-carbon, fullerenes, or conductive polymer.
- Keep **WORKSPACES WELL-VENTILATED** and use HEPA filtration when sanding, printing, or soldering.
- Support detox daily: **HYDRATE, MOVE LYMPH**, mineralise, and ground to the earth.

HOME REMEDIES:

MAKE A SIMPLE HONEY ONION 'GET IT UP AND OUT' COUGH SYRUP

YOU WILL NEED:

• 1 or 2 red or yellow onions (though the more pungent, the deeper the warmth and decongestant action will be)

• Honey, preferably raw and non-irradiated

• A glass jar with lid. A 500ml or slightly larger is a good size to start with.

DIRECTIONS:

1. Peel the onion and cut it into slices. Pack into the container.

2. Pour enough honey to cover the slices, but leave a ½ an inch of head space.

3. Let this sit overnight in a lidded container at room temperature. The honey will pull the juice of the onion into the honey and soften the onion.

4. Place a small bowl under the jar to catch any overflow as the onions ferment. Screw the cap on lightly so pressure doesn't build up as it ferments.

HOW TO USE

Eat 1-2 honey-soaked onion slices in the morning and at mid-day for a week with a teaspoon of the honey syrup. When the onion slices are consumed, you can add more from another freshly sliced onion or take the syrup that is left by a spoonful. You can do this on an acute or maintenance basis. Stay well hydrated to help aid in expectorating the loosened phlegm.

https://deeprootsathome.com/homemade-onion-honey-syrup-for-chest-congestion-coughs-colds/

HOW TO USE EUCALYPTUS STEAM FOR CONGESTION, COLD AND FLU RELIEF

STEP ONE: Heat a large pot with 2 cups of water until boiling.

STEP TWO: Remove from the heat and add several drops of eucalyptus essential oil to the water. Cover your head with a towel, then lean over the pot. Make sure the towel surrounds the pot to trap the steam.

STEP THREE: Keep your eyes closed and/or covered with your hands, take slow, deep breaths, and inhale the steam for several minutes. Add more oils as needed.

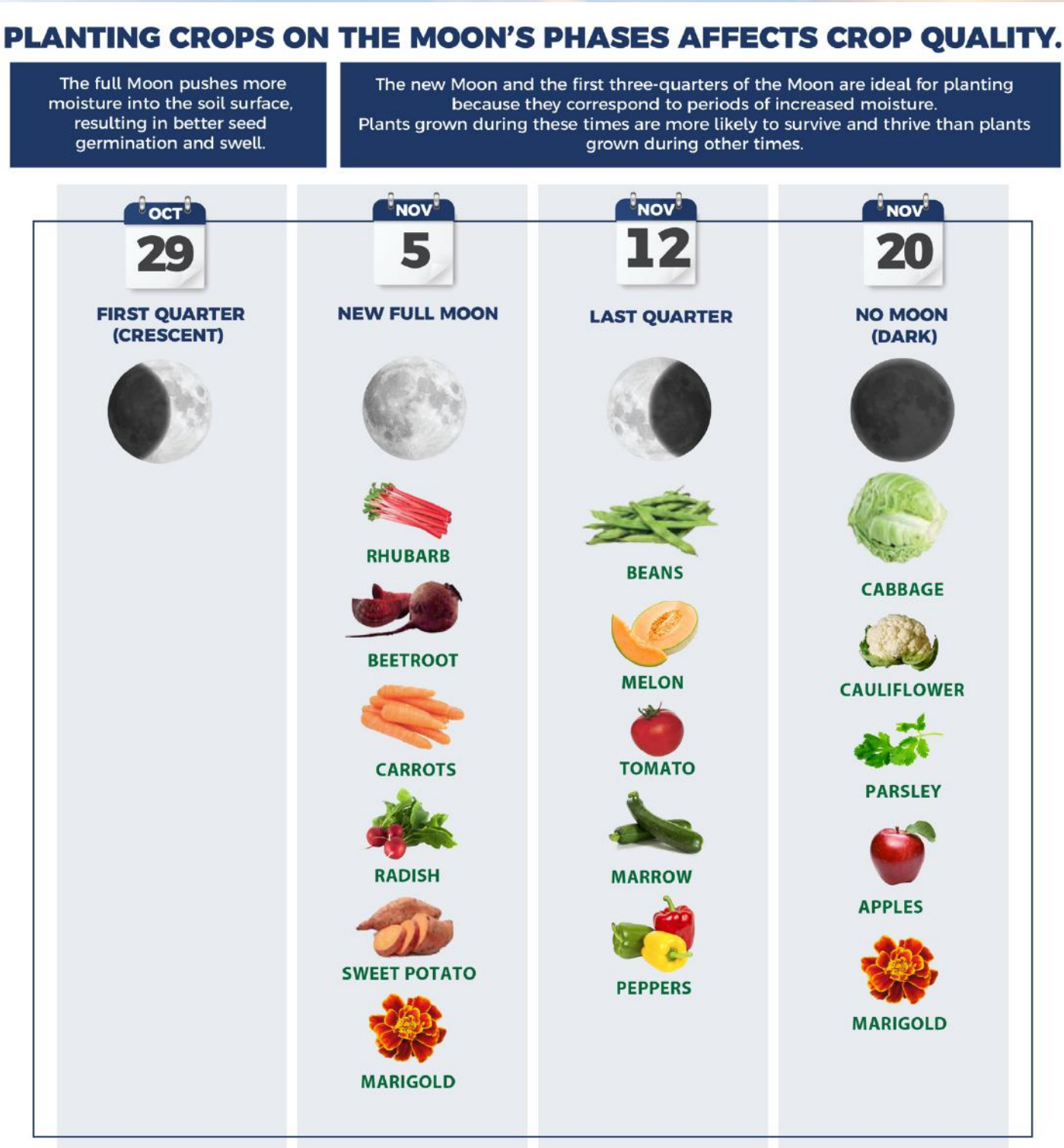
KELP BENEFITS

**Note: While a true allergy to iodine is biologically impossible because it is an essential mineral for the body, individuals can have adverse reactions or a sensitivity to the high concentration of iodine in kelp or be allergic to other proteins found within kelp.

Moon Phase Planting Guide – November 2025

Harness the natural rhythms of creation this month with the Moon Phase Planting Guide. Each lunar phase influences soil moisture, seed germination, and plant growth — making it the perfect companion for mindful gardeners and growers.

By aligning your planting with the moon's natural cycles, you nurture not just your garden, but also your connection to the Heavenly Father's divine design. Let this be a season of growth, gratitude, and stewardship of the earth.



PARASITE CLEANSING TEA

While this tea is good to drink on a daily basis, it is particularly effective to drink when the MOON is FULL, as this is when parasites in our bodies are at their most active.

Ingredients:

- 1 cinnamon stick
- 2 cloves
- 1 tablespoon of fresh grated ginger
- 1/2 tablespoon of oregano

Instructions:

1. Boil Water: Bring 4 cups of water to a boil in a saucepan.
2. Add Ingredients: Add the cinnamon stick, cloves, grated ginger, and oregano to the boiling water.
3. Simmer: Reduce the heat and let the mixture simmer for about 10-15 minutes.
4. Strain: Strain the tea into a cup or teapot.
5. Serve: Enjoy your parasite-cleansing tea hot.

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- Addiction recovery theories
- Natural healing protocols
- Functional medicine approaches
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